



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

OSTAPENKO, Tanya

Club: Marathon Maniacs

Number: 132

Course: 42.30 km

Marathon Einzel

Category:

Frauen

Total time: 4:22:37

Speed: 9.60 km/h

Running performance: 6:13 min/km

Rank in course/Total: 36 (of 63)

Rank in course/Women: 4 (of 7)

Best time in course: 3:50:56

Rank in category: 4(of 7)

Best time in the category: 3:50:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nördlichster Punkt	4.90	25:18	5:09	3	2:20	3	2:20	4.90	25:18	5:09	3	2:20	3	2:20
Wechselstelle 1	5.40	29:51	5:31	3	2:25	3	2:25	10.30	55:09	5:21	3	4:45	3	4:45
Wechselstelle 2	11.70	1:12:53	6:13	4	12:53	4	12:53	22.00	2:08:02	5:49	3	13:24	3	13:24
Südlichster Punkt	5.50	38:57	7:04	3	7:23	3	7:23	27.50	2:46:59	6:04	3	20:47	3	20:47
Wechselstelle 3	4.00	28:51	7:12	4	24:51	4	24:51	31.50	3:15:50	6:13	3	26:41	3	26:41
Erfurt	10.80	1:06:47	6:11	4	53:15	4	53:15	42.30	4:22:37	6:12	4	31:41	4	31:41