



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

HERING, Manuela

Club: Barock-Collegium e.V. Sebnitz/Neustadt
Number: 107

Course: 42.30 km
Marathon Einzel

Category:
Frauen

Total time: 4:40:09

Speed: 9.00 km/h

Running performance: 6:37 min/km

Rank in course/Total: 42 (of 63)

Rank in course/Women: 5 (of 7)

Best time in course: 3:50:56

Rank in category: 5(of 7)

Best time in the category: 3:50:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nördlichster Punkt	4.90	25:48	5:15	4	2:50	4	2:50	4.90	25:48	5:15	4	2:50	4	2:50
Wechselstelle 1	5.40	32:10	5:57	4	4:44	4	4:44	10.30	57:58	5:37	4	7:34	4	7:34
Wechselstelle 2	11.70	1:17:57	6:39	5	17:57	5	17:57	22.00	2:15:55	6:10	4	21:17	4	21:17
Südlichster Punkt	5.50	40:43	7:24	5	9:09	5	9:09	27.50	2:56:38	6:25	4	30:26	4	30:26
Wechselstelle 3	4.00	30:36	7:39	7	26:36	7	26:36	31.50	3:27:14	6:34	4	38:05	4	38:05
Erfurt	10.80	1:12:55	6:45	5	59:23	5	59:23	42.30	4:40:09	6:37	5	49:13	5	49:13