



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

Nothstein, Michael

Club: FC Deutsche Post

Number: 168

Course: 42.30 km

Marathon Einzel

Category:

Männer

Total time: 4:41:48

Speed: 8.94 km/h

Running performance: 6:40 min/km

Rank in course/Total: 45 (of 63)

Rank in course/Men: 39 (of 56)

Best time in course: 2:59:40

Rank in category: 39(of 56)

Best time in the category: 2:59:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nördlichster Punkt	4.90	25:00	5:06	33	6:18	33	6:18	4.90	25:00	5:06	33	6:18	33	6:18
Wechselstelle 1	5.40	30:23	5:37	34	9:50	34	9:50	10.30	55:23	5:22	34	14:12	34	14:12
Wechselstelle 2	11.70	1:14:24	6:21	37	24:32	37	24:32	22.00	2:09:47	5:53	35	38:24	35	38:24
Südlichster Punkt	5.50	40:13	7:18	39	15:33	39	15:33	27.50	2:50:00	6:10	36	53:57	36	53:57
Wechselstelle 3	4.00	31:22	7:50	43	13:37	43	13:37	31.50	3:21:22	6:23	40	1:07:34	40	1:07:34
Erfurt	10.80	1:20:26	7:26	44	34:34	44	34:34	42.30	4:41:48	6:39	39	1:42:08	39	1:42:08