



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

BECHER, Heiko

Club: Team Iron Mind

Number: 76

Course: 42.30 km

Marathon Einzel

Category:

Männer

Total time: 4:47:23

Speed: 8.77 km/h

Running performance: 6:47 min/km

Rank in course/Total: 51 (of 63)

Rank in course/Men: 45 (of 56)

Best time in course: 2:59:40

Rank in category: 45(of 56)

Best time in the category: 2:59:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nördlichster Punkt	4.90	25:19	5:09	37	6:37	37	6:37	4.90	25:19	5:09	37	6:37	37	6:37
Wechselstelle 1	5.40	30:55	5:43	37	10:22	37	10:22	10.30	56:14	5:27	37	15:03	37	15:03
Wechselstelle 2	11.70	1:19:42	6:48	45	29:50	45	29:50	22.00	2:15:56	6:10	42	44:33	42	44:33
Südlichster Punkt	5.50	42:20	7:41	44	17:40	44	17:40	27.50	2:58:16	6:28	45	1:02:13	45	1:02:13
Wechselstelle 3	4.00	32:41	8:10	44	14:56	44	14:56	31.50	3:30:57	6:41	45	1:17:09	45	1:17:09
Erfurt	10.80	1:16:26	7:04	39	30:34	39	30:34	42.30	4:47:23	6:47	45	1:47:43	45	1:47:43