



3. Erfurter Campuslauf Einzel

Erfurt / 10.05.2017

Detailed evaluation

SCHIRMBACHER, Odette

Club: sc impuls erfurt
Number: 134

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 57:07

Speed: 10.50 km/h
Running performance: 5:43 min/km

Rank in course/Total: 69 (of 77)
Rank in course/Women: 23 (of 28)
Best time in course: 41:13

Rank in category: 1(of 1)
Best time in the category: 57:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:54	5:27	1	-	22	3:10	2.00	10:54	5:27	1	-	22	3:10
Runde	2.00	11:26	5:43	1	-	23	3:13	4.00	22:20	5:34	1	-	22	6:22
Runde	2.00	11:34	5:46	1	-	23	3:12	6.00	33:54	5:38	1	-	23	9:31
Runde	2.00	11:37	5:48	1	-	21	3:11	8.00	45:31	5:41	1	-	22	12:34
Finish	2.00	11:36	5:47	1	-	23	3:27	10.00	57:07	5:42	1	-	23	15:54