



### 3. Erfurter Campuslauf Einzel

Erfurt / 10.05.2017

#### Detailed evaluation

**Knoll, Martin**

Club: LG Bad Frankenhausen - Göllingen  
Number: 175

Course: 10.00 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

**Total time: 38:59**

Speed: 15.39 km/h  
Running performance: 3:54 min/km

Rank in course/Total: 11 (of 77)

Rank in course/Men: 11 (of 49)

Best time in course: 33:11

Rank in category: 8(of 31)

Best time in the category: 33:46

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Runde	2.00	7:16	3:38	8	6:25	11	6:25	2.00	7:16	3:38	8	6:25	11	6:25
Runde	2.00	7:56	3:58	9	1:10	12	1:11	4.00	15:12	3:47	11	4:19	14	4:19
Runde	2.00	8:09	4:04	11	1:22	14	1:29	6.00	23:21	3:53	10	3:19	13	3:27
Runde	2.00	7:55	3:57	8	1:01	11	1:14	8.00	31:16	3:54	8	4:20	11	4:41
Finish	2.00	7:43	3:51	7	0:53	10	1:07	10.00	38:59	3:53	8	5:13	11	5:48