



3. Erfurter Campuslauf Einzel

Erfurt / 10.05.2017

Detailed evaluation

SCHRAMM, Tobias

Club: sc impuls erfurt
Number: 133

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 41:29

Speed: 14.46 km/h
Running performance: 4:09 min/km

Rank in course/Total: 19 (of 77)

Rank in course/Men: 17 (of 49)

Best time in course: 33:11

Rank in category: 2(of 3)

Best time in the category: 36:13

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:03	4:01	2	0:48	26	7:12	2.00	8:03	4:01	2	0:48	26	7:12
Runde	2.00	8:14	4:06	2	0:57	17	1:29	4.00	16:17	4:04	2	1:45	20	5:24
Runde	2.00	8:24	4:12	2	1:10	18	1:44	6.00	24:41	4:06	2	2:55	19	4:47
Runde	2.00	8:29	4:14	2	1:12	17	1:48	8.00	33:10	4:08	2	4:07	18	6:35
Finish	2.00	8:19	4:09	2	1:09	18	1:43	10.00	41:29	4:08	2	5:16	17	8:18