



3. Erfurter Campuslauf Einzel

Erfurt / 10.05.2017

Detailed evaluation

BARZ, Pauline

Club: Erfurter LAC
Number: 117

Course: 10.00 km
Hauptlauf

Category:
weibliche Jugend U20 (18-19 Jahre)

Total time: 42:55

Speed: 13.98 km/h
Running performance: 4:17 min/km

Rank in course/Total: 22 (of 77)
Rank in course/Women: 3 (of 28)

Best time in course: 41:13
Rank in category: 1(of 1)
Best time in the category: 42:55

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	8:11	4:05	1	-	4	0:27	2.00	8:11	4:05	1	-	4	0:27
Runde	2.00	8:29	4:14	1	-	3	0:16	4.00	16:40	4:10	1	-	3	0:42
Runde	2.00	8:46	4:23	1	-	3	0:24	6.00	25:26	4:14	1	-	3	1:03
Runde	2.00	8:45	4:22	1	-	3	0:19	8.00	34:11	4:16	1	-	3	1:14
Finish	2.00	8:44	4:21	1	-	3	0:35	10.00	42:55	4:17	1	-	3	1:42