



3. Erfurter Campuslauf Einzel

Erfurt / 10.05.2017

Detailed evaluation

Litz, Katharina

Club: Uni Erfurt
Number: 168

Course: 10.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 47:23

Speed: 12.66 km/h
Running performance: 4:44 min/km

Rank in course/Total: 42 (of 77)

Rank in course/Women: 9 (of 28)

Best time in course: 41:13

Rank in category: 7(of 20)

Best time in the category: 41:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	8:43	4:21	7	0:59	8	0:59	2.00	8:43	4:21	7	0:59	8	0:59
Runde	2.00	9:20	4:40	7	1:07	9	1:07	4.00	18:03	4:30	7	2:05	9	2:05
Runde	2.00	9:42	4:50	7	1:20	9	1:20	6.00	27:45	4:37	7	3:22	9	3:22
Runde	2.00	9:57	4:58	7	1:31	9	1:31	8.00	37:42	4:42	7	4:45	9	4:45
Finish	2.00	9:41	4:50	6	1:32	8	1:32	10.00	47:23	4:44	7	6:10	9	6:10