



3. Erfurter Campuslauf Einzel

Erfurt / 10.05.2017

Detailed evaluation

STEINMETZ, Matthias

Club: Erfurt
Number: 139

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 48:12

Speed: 12.45 km/h
Running performance: 4:49 min/km

Rank in course/Total: 46 (of 77)

Rank in course/Men: 36 (of 49)

Best time in course: 33:11

Rank in category: 25(of 31)

Best time in the category: 33:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:02	4:00	19	7:11	24	7:11	2.00	8:02	4:00	19	7:11	24	7:11
Runde	2.00	9:23	4:41	24	2:37	34	2:38	4.00	17:25	4:21	23	6:32	31	6:32
Runde	2.00	9:45	4:52	24	2:58	34	3:05	6.00	27:10	4:31	25	7:08	35	7:16
Runde	2.00	10:01	5:00	22	3:07	33	3:20	8.00	37:11	4:38	25	10:15	35	10:36
Finish	2.00	11:01	5:30	28	4:11	44	4:25	10.00	48:12	4:49	25	14:26	36	15:01