



3. Erfurter Campuslauf Einzel

Erfurt / 10.05.2017

Detailed evaluation

KNABE, Lucas

Club: Uni Erfurt

Number: 115

Course: 10.00 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 51:39

Speed: 11.62 km/h

Running performance: 5:10 min/km

Rank in course/Total: 57 (of 77)

Rank in course/Men: 44 (of 49)

Best time in course: 33:11

Rank in category: 29(of 31)

Best time in the category: 33:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:22	4:41	29	8:31	41	8:31	2.00	9:22	4:41	29	8:31	41	8:31
Runde	2.00	10:02	5:00	27	3:16	39	3:17	4.00	19:24	4:50	30	8:31	42	8:31
Runde	2.00	10:33	5:16	29	3:46	44	3:53	6.00	29:57	4:59	30	9:55	42	10:03
Runde	2.00	11:28	5:44	29	4:34	46	4:47	8.00	41:25	5:10	31	14:29	46	14:50
Finish	2.00	10:14	5:06	26	3:24	39	3:38	10.00	51:39	5:09	29	17:53	44	18:28