



3. Erfurter Campuslauf Einzel

Erfurt / 10.05.2017

Detailed evaluation

Höroid, Mandy

Club: Oehrenstock
Number: 184

Course: 10.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 54:53

Speed: 10.93 km/h
Running performance: 5:29 min/km

Rank in course/Total: 63 (of 77)

Rank in course/Women: 19 (of 28)

Best time in course: 41:13

Rank in category: 13(of 20)

Best time in the category: 41:13

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Runde	2.00	9:38	4:48	12	1:54	14	1:54	2.00	9:38	4:48	12	1:54	14	1:54
Runde	2.00	10:42	5:20	14	2:29	17	2:29	4.00	20:20	5:04	12	4:22	15	4:22
Runde	2.00	11:26	5:43	15	3:04	21	3:04	6.00	31:46	5:17	12	7:23	15	7:23
Runde	2.00	11:39	5:49	15	3:13	22	3:13	8.00	43:25	5:25	14	10:28	18	10:28
Finish	2.00	11:28	5:44	14	3:19	20	3:19	10.00	54:53	5:29	13	13:40	19	13:40