



5.Erfurter Waldlauf und 17.Thüringer Frauenlauf
Erfurt, Steigerwald / 11.06.2017

Detailed evaluation

Pfundheller, Mathias

Club: Connected Runners Weimar
Number: 303

Course: 12.00 km
Erfurter Waldlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:05:40

Speed: 10.96 km/h
Running performance: 5:28 min/km

Rank in course/Total: 65 (of 117)

Rank in course/Men: 65 (of 117)

Best time in course: 43:59

Rank in category: 11(of 15)

Best time in the category: 49:02