



## Detailed evaluation

**SIMAN, Frank**

**Total time: 2:34:46**

Club: Schönefeld  
Number: 518

Course: 51.89 km  
Olympisch (1,5/40/10 km)

Rank in course/Total: 62 (of 233)

Rank in course/Men: 61 (of 179)

Best time in course: 2:04:10

Category:  
SEN1 / TM 40

Rank in category: 9(of 27)

Best time in the category: 2:23:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	32:08	21:25	14	4:38	85	11:32	1.50	32:08	21:25	14	4:38	85	11:32
Wechsel S -> R	0.26	2:41	10:19	13	0:48	56	1:16	1.76	34:49	19:46	14	4:36	81	12:00
Schwimmen Total	1.76	34:49	19:46	14	4:36	81	12:00	1.76	34:49	19:46	14	4:36	81	12:00
Rad netto	40.00	1:09:45	1:44	3	4:37	31	8:32	41.76	1:44:34	2:30	9	7:46	59	17:57
Wechsel R -> L	0.13	1:40	12:49	15	0:46	104	0:57	41.89	1:46:14	2:32	9	8:09	61	18:54
Radfahren Total	40.13	1:11:25	1:46	3	5:15	35	9:29	41.89	1:46:14	2:32	9	8:09	61	18:54
Lauf	10.00	48:32	4:51	9	7:01	69	12:00	51.89	2:34:46	2:58	9	11:21	61	30:36