



Detailed evaluation

BEHNKE, Ralf

Total time: 2:44:43

Club: BSG Berlin Hyp e. V.
Number: 402

Course: 51.89 km
Olympisch (1,5/40/10 km)

Rank in course/Total: 107 (of 233)

Rank in course/Men: 99 (of 179)

Best time in course: 2:04:10

Category:
SEN2 / TM 45

Rank in category: 23(of 39)

Best time in the category: 2:19:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	33:09	22:05	23	10:34	105	12:33	1.50	33:09	22:05	23	10:34	105	12:33
Wechsel S -> R	0.26	3:46	14:29	28	1:51	121	2:21	1.76	36:55	20:58	26	11:27	110	14:06
Schwimmen Total	1.76	36:55	20:58	26	11:27	110	14:06	1.76	36:55	20:58	26	11:27	110	14:06
Rad netto	40.00	1:12:30	1:48	18	9:09	71	11:17	41.76	1:49:25	2:37	21	18:26	84	22:48
Wechsel R -> L	0.13	2:34	19:44	35	1:40	159	1:51	41.89	1:51:59	2:40	23	19:51	93	24:39
Radfahren Total	40.13	1:15:04	1:52	21	10:34	82	13:08	41.89	1:51:59	2:40	23	19:51	93	24:39
Lauf	10.00	52:44	5:16	24	11:12	114	16:12	51.89	2:44:43	3:10	23	24:49	99	40:33