



Detailed evaluation

LEBEK, Marco

Total time: 2:48:38

Club: KORDA - Runnig Team
Number: 543

Course: 51.89 km
Olympisch (1,5/40/10 km)

Rank in course/Total: 125 (of 233)

Rank in course/Men: 113 (of 179)

Best time in course: 2:04:10

Category:

Rank in category: 17(of 27)

SEN1 / TM 40

Best time in the category: 2:23:25

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	34:02	22:41	18	6:32	120	13:26	1.50	34:02	22:41	18	6:32	120	13:26
Wechsel S -> R	0.26	2:13	8:31	4	0:20	25	0:48	1.76	36:15	20:35	17	6:02	101	13:26
Schwimmen Total	1.76	36:15	20:35	17	6:02	101	13:26	1.76	36:15	20:35	17	6:02	101	13:26
Rad netto	40.00	1:20:26	2:00	22	15:18	147	19:13	41.76	1:56:41	2:47	21	19:53	129	30:04
Wechsel R -> L	0.13	1:02	7:56	3	0:08	19	0:19	41.89	1:57:43	2:48	19	19:38	121	30:23
Radfahren Total	40.13	1:21:28	2:01	21	15:18	141	19:32	41.89	1:57:43	2:48	19	19:38	121	30:23
Lauf	10.00	50:55	5:05	13	9:24	101	14:23	51.89	2:48:38	3:14	17	25:13	113	44:28