



Detailed evaluation

GREINACHER, Alexander

Total time: 2:57:45

Club: Berlin
Number: 560

Course: 51.89 km
Olympisch (1,5/40/10 km)

Rank in course/Total: 167 (of 233)

Rank in course/Men: 143 (of 179)

Best time in course: 2:04:10

Category:
AK3 / TM 30

Rank in category: 19(of 23)

Best time in the category: 2:04:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	35:21	23:33	17	14:16	129	14:45	1.50	35:21	23:33	17	14:16	129	14:45
Wechsel S -> R	0.26	4:45	18:16	20	3:20	148	3:20	1.76	40:06	22:47	18	16:26	140	17:17
Schwimmen Total	1.76	40:06	22:47	18	16:26	140	17:17	1.76	40:06	22:47	18	16:26	140	17:17
Rad netto	40.00	1:18:30	1:57	16	17:17	132	17:17	41.76	1:58:36	2:50	19	31:59	138	31:59
Wechsel R -> L	0.13	2:09	16:32	19	1:26	141	1:26	41.89	2:00:45	2:52	19	33:25	139	33:25
Radfahren Total	40.13	1:20:39	2:00	18	18:43	135	18:43	41.89	2:00:45	2:52	19	33:25	139	33:25
Lauf	10.00	57:00	5:42	20	20:10	151	20:28	51.89	2:57:45	3:25	19	53:35	143	53:35