



Detailed evaluation

LAMPE, Christian

Total time: 2:59:26

Club: Berlin
Number: 493

Course: 51.89 km
Olympisch (1,5/40/10 km)

Rank in course/Total: 171 (of 233)

Rank in course/Men: 147 (of 179)

Best time in course: 2:04:10

Category:
SEN2 / TM 45

Rank in category: 35(of 39)

Best time in the category: 2:19:54

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	1.50	32:11	21:27	17	9:36	88	11:35	1.50	32:11	21:27	17	9:36	88	11:35	
Wechsel S -> R	0.26	3:33	13:39	25	1:38	112	2:08	1.76	35:44	20:18	17	10:16	90	12:55	
Schwimmen Total	1.76	35:44	20:18	17	10:16	90	12:55	1.76	35:44	20:18	17	10:16	90	12:55	
Rad netto	40.00	1:24:34	2:06	37	21:13	154	23:21	41.76	2:00:18	2:52	34	29:19	146	33:41	
Wechsel R -> L	0.13	2:23	18:19	31	1:29	151	1:40	41.89	2:02:41	2:55	34	30:33	144	35:21	
Radfahren Total	40.13	1:26:57	2:10	37	22:27	154	25:01	41.89	2:02:41	2:55	34	30:33	144	35:21	
Lauf	10.00	56:45	5:40	34	15:13	149	20:13	51.89	2:59:26	3:27	35	39:32	147	55:16	