



Detailed evaluation

VIGANO, Sina

Total time: 3:00:27

Club: Hohen Neuendorf
Number: 308

Course: 51.89 km
Olympisch (1,5/40/10 km)

Rank in course/Total: 175 (of 233)

Rank in course/Women: 26 (of 54)

Best time in course: 2:31:35

Category:
AK4 / TW 35

Rank in category: 6(of 8)

Best time in the category: 2:48:34

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.50	34:59	23:19	2	3:21	25	11:45	1.50	34:59	23:19	2	3:21	25	11:45
Wechsel S -> R	0.26	3:04	11:47	3	0:37	20	1:12	1.76	38:03	21:37	2	3:12	22	12:57
Schwimmen Total	1.76	38:03	21:37	2	3:12	22	12:57	1.76	38:03	21:37	2	3:12	22	12:57
Rad netto	40.00	1:20:38	2:00	3	4:05	19	8:40	41.76	1:58:41	2:50	3	4:01	20	18:05
Wechsel R -> L	0.13	1:30	11:32	3	0:08	21	0:33	41.89	2:00:11	2:52	3	4:06	21	18:38
Radfahren Total	40.13	1:22:08	2:02	3	4:10	19	9:03	41.89	2:00:11	2:52	3	4:06	21	18:38
Lauf	10.00	1:00:16	6:01	8	8:17	36	15:45	51.89	3:00:27	3:28	6	11:53	26	28:52