



Detailed evaluation

JOSUPEIT, Silke

Total time: 3:02:12

Club: Berliner TSC

Number: 304

Course: 51.89 km

Rank in course/Total: 181 (of 233)

Olympisch (1,5/40/10 km)

Rank in course/Women: 30 (of 54)

Best time in course: 2:31:35

Category:

Rank in category: 8(of 9)

SEN2 / TW 45

Best time in the category: 2:38:01

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen nett	1.50	35:19	23:32	7	6:02	28	12:05	1.50	35:19	23:32	7	6:02	28	12:05	
Wechsel S -> R	0.26	3:24	13:04	5	1:10	27	1:32	1.76	38:43	21:59	7	6:13	27	13:37	
Schwimmen Total	1.76	38:43	21:59	7	6:13	27	13:37	1.76	38:43	21:59	7	6:13	27	13:37	
Rad netto	40.00	1:32:32	2:18	8	20:34	46	20:34	41.76	2:11:15	3:08	8	24:52	42	30:39	
Wechsel R -> L	0.13	1:34	12:03	5	0:27	29	0:37	41.89	2:12:49	3:10	8	25:19	42	31:16	
Radfahren Total	40.13	1:34:06	2:20	8	21:01	45	21:01	41.89	2:12:49	3:10	8	25:19	42	31:16	
Lauf	10.00	49:23	4:56	2	2:20	6	4:52	51.89	3:02:12	3:30	8	24:11	30	30:37	