



Detailed evaluation

LANGER, Thomas

Total time: 2:19:54

Club: swimbikerun.berlin

Number: 611

Course: 51.89 km

Rank in course/Total: 12 (of 233)

Olympisch (1,5/40/10 km)

Rank in course/Men: 12 (of 179)

Best time in course: 2:04:10

Category:

Rank in category: 1(of 39)

SEN2 / TM 45

Best time in the category: 2:19:54

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	25:13	16:48	3	2:38	11	4:37	1.50	25:13	16:48	3	2:38	11	4:37
Wechsel S -> R	0.26	2:25	9:17	4	0:30	36	1:00	1.76	27:38	15:42	3	2:10	12	4:49
Schwimmen Total	1.76	27:38	15:42	3	2:10	12	4:49	1.76	27:38	15:42	3	2:10	12	4:49
Rad netto	40.00	1:03:21	1:35	1	-	3	2:08	41.76	1:30:59	2:10	1	-	5	4:22
Wechsel R -> L	0.13	1:09	8:50	4	0:15	29	0:26	41.89	1:32:08	2:11	1	-	5	4:48
Radfahren Total	40.13	1:04:30	1:36	1	-	4	2:34	41.89	1:32:08	2:11	1	-	5	4:48
Lauf	10.00	47:46	4:46	12	6:14	61	11:14	51.89	2:19:54	2:41	1	-	12	15:44