



Detailed evaluation

VON DER HEYDE, Joachim

Total time: 2:21:29

Club: Tintenfisch
Number: 558

Course: 51.89 km
Olympisch (1,5/40/10 km)

Rank in course/Total: 13 (of 233)

Rank in course/Men: 13 (of 179)

Best time in course: 2:04:10

Category:
SEN2 / TM 45

Rank in category: 2(of 39)

Best time in the category: 2:19:54

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	23:57	15:58	2	1:22	7	3:21	1.50	23:57	15:58	2	1:22	7	3:21
Wechsel S -> R	0.26	2:16	8:43	3	0:21	29	0:51	1.76	26:13	14:53	2	0:45	8	3:24
Schwimmen Total	1.76	26:13	14:53	2	0:45	8	3:24	1.76	26:13	14:53	2	0:45	8	3:24
Rad netto	40.00	1:10:22	1:45	8	7:01	40	9:09	41.76	1:36:35	2:18	2	5:36	12	9:58
Wechsel R -> L	0.13	1:17	9:52	11	0:23	50	0:34	41.89	1:37:52	2:20	2	5:44	12	10:32
Radfahren Total	40.13	1:11:39	1:47	7	7:09	38	9:43	41.89	1:37:52	2:20	2	5:44	12	10:32
Lauf	10.00	43:37	4:21	4	2:05	27	7:05	51.89	2:21:29	2:43	2	1:35	13	17:19