



## Detailed evaluation

**ALVAREZ MATA, Carlos**

**Total time: 4:31:24**

Club: Zweirad-Center Stadler  
Number: 196

Course: 116.79 km  
Mittel Distanz (1,9/93/21 km)

Rank in course/Total: 8 (of 154)

Rank in course/Men: 8 (of 137)

Best time in course: 4:12:50

Category:

Rank in category: 3(of 23)

AK3 / TM 30

Best time in the category: 4:26:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	26:29	13:56	2	1:53	6	3:50	1.90	26:29	13:56	2	1:53	6	3:50
Wechsel S -> R	0.26	2:07	8:08	6	0:44	21	0:47	2.16	28:36	13:14	4	1:43	8	4:37
Schwimmen Total	2.16	28:36	13:14	4	1:43	8	4:37	2.16	28:36	13:14	4	1:43	8	4:37
Rad netto	93.00	2:32:31	1:38	5	1:47	12	37:56	95.16	3:01:07	1:54	3	0:24	9	33:51
Wechsel R -> L	0.13	1:18	10:00	7	0:37	21	0:37	95.29	3:02:25	1:54	2	0:37	7	10:10
Radfahren Total	93.13	2:33:49	1:39	4	2:01	10	12:49	95.29	3:02:25	1:54	2	0:37	7	10:10
Lauf	21.50	1:28:59	4:08	4	5:27	13	10:49	116.79	4:31:24	2:19	3	4:58	8	18:34