



Detailed evaluation

GAWLIK, Marcus

Total time: 4:37:53

Club: Team DOWE Sportswear
Number: 36

Course: 116.79 km
Mittel Distanz (1,9/93/21 km)

Rank in course/Total: 13 (of 154)

Rank in course/Men: 13 (of 137)

Best time in course: 4:12:50

Category:
AK2 / TM 25

Rank in category: 1(of 9)

Best time in the category: 4:37:53

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	34:08	17:57	3	3:24	73	11:29	1.90	34:08	17:57	3	3:24	73	11:29
Wechsel S -> R	0.26	1:36	6:09	1	-	7	0:16	2.16	35:44	16:32	2	2:12	56	11:45
Schwimmen Total	2.16	35:44	16:32	2	2:12	56	11:45	2.16	35:44	16:32	2	2:12	56	11:45
Rad netto	93.00	2:40:05	1:43	1	-	31	45:30	95.16	3:15:49	2:03	1	-	37	48:33
Wechsel R -> L	0.13	1:14	9:29	1	-	17	0:33	95.29	3:17:03	2:04	1	-	33	24:48
Radfahren Total	93.13	2:41:19	1:43	1	-	28	20:19	95.29	3:17:03	2:04	1	-	33	24:48
Lauf	21.50	1:20:50	3:45	1	-	4	2:40	116.79	4:37:53	2:22	1	-	13	25:03