



Detailed evaluation

KRUMMEL, Gunnar

Total time: 4:43:30

Club: Berliner Haie e.V.

Number: 90

Course: 116.79 km

Rank in course/Total: 18 (of 154)

Mittel Distanz (1,9/93/21 km)

Rank in course/Men: 18 (of 137)

Best time in course: 4:12:50

Category:

Rank in category: 3(of 21)

AK4 / TM 35

Best time in the category: 4:14:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	27:37	14:32	2	1:25	14	4:58	1.90	27:37	14:32	2	1:25	14	4:58
Wechsel S -> R	0.26	2:44	10:30	8	1:21	42	1:24	2.16	30:21	14:03	3	2:46	15	6:22
Schwimmen Total	2.16	30:21	14:03	3	2:46	15	6:22	2.16	30:21	14:03	3	2:46	15	6:22
Rad netto	93.00	2:40:11	1:43	10	20:38	32	45:36	95.16	3:10:32	2:00	4	19:44	20	43:16
Wechsel R -> L	0.13	1:13	9:21	4	0:22	14	0:32	95.29	3:11:45	2:00	4	19:30	19	19:30
Radfahren Total	93.13	2:41:24	1:43	8	20:24	29	20:24	95.29	3:11:45	2:00	4	19:30	19	19:30
Lauf	21.50	1:31:45	4:16	4	12:17	20	13:35	116.79	4:43:30	2:25	3	29:08	18	30:40