



Detailed evaluation

MÜLLER-REDETZKY, Holger

Total time: 4:49:20

Club: Potsdam

Number: 113

Course: 116.79 km

Rank in course/Total: 25 (of 154)

Mittel Distanz (1,9/93/21 km)

Rank in course/Men: 25 (of 137)

Best time in course: 4:12:50

Category:

Rank in category: 6(of 21)

AK4 / TM 35

Best time in the category: 4:14:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	34:20	18:04	16	8:08	78	11:41	1.90	34:20	18:04	16	8:08	78	11:41
Wechsel S -> R	0.26	2:27	9:25	7	1:04	33	1:07	2.16	36:47	17:01	16	9:12	69	12:48
Schwimmen Total	2.16	36:47	17:01	16	9:12	69	12:48	2.16	36:47	17:01	16	9:12	69	12:48
Rad netto	93.00	2:35:19	1:40	3	15:46	19	40:44	95.16	3:12:06	2:01	6	21:18	25	44:50
Wechsel R -> L	0.13	1:22	10:30	8	0:31	25	0:41	95.29	3:13:28	2:01	6	21:13	24	21:13
Radfahren Total	93.13	2:36:41	1:40	3	15:41	16	15:41	95.29	3:13:28	2:01	6	21:13	24	21:13
Lauf	21.50	1:35:52	4:27	11	16:24	34	17:42	116.79	4:49:20	2:28	6	34:58	25	36:30