



Detailed evaluation

NABU

Club: NABU
Number: 207

Course: 116.79 km
Mittel Distanz Staffel (1,9/93/21 km)

Category:
Staffel

Total time: 4:46:56

Rank in course/Total: 2 (of 5)

Rank in course/Total: 2 (of 5)

Best time in course: 4:33:01

Rank in category: 2(of 5)

Best time in the category: 4:33:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	1.90	36:14	19:04	3	6:26	3	6:26	1.90	36:14	19:04	3	6:26	3	6:26
Wechsel S -> R	0.26	1:47	6:51	4	0:35	4	0:35	2.16	38:01	17:36	4	7:01	4	7:01
Schwimmen Total	2.16	38:01	17:36	4	7:01	4	7:01	2.16	38:01	17:36	4	7:01	4	7:01
Rad netto	93.00	2:38:25	1:42	3	11:28	3	11:28	95.16	3:16:26	2:03	3	11:35	3	11:35
Wechsel R -> L	0.13	0:46	5:53	1	-	1	-	95.29	3:17:12	2:04	3	11:30	3	11:30
Radfahren Total	93.13	2:39:11	1:42	2	11:23	2	11:23	95.29	3:17:12	2:04	3	11:30	3	11:30
Lauf	21.50	1:29:44	4:10	2	2:25	2	2:25	116.79	4:46:56	2:27	2	13:55	2	13:55