



Detailed evaluation

GESTERKAMP, Timo

Total time: 2:25:14

Club: Finisher Schmiede
Number: 264

Course: 51.89 km
Olympisch (1,5/40/10 km)

Rank in course/Total: 21 (of 233)

Rank in course/Men: 21 (of 179)

Best time in course: 2:04:10

Category:
SEN2 / TM 45

Rank in category: 4(of 39)

Best time in the category: 2:19:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.50	31:43	21:08	15	9:08	83	11:07	1.50	31:43	21:08	15	9:08	83	11:07
Wechsel S -> R	0.26	4:38	17:49	31	2:43	143	3:13	1.76	36:21	20:39	23	10:53	103	13:32
Schwimmen Total	1.76	36:21	20:39	23	10:53	103	13:32	1.76	36:21	20:39	23	10:53	103	13:32
Rad netto	40.00	1:04:45	1:37	2	1:24	6	3:32	41.76	1:41:06	2:25	6	10:07	35	14:29
Wechsel R -> L	0.13	1:22	10:30	13	0:28	61	0:39	41.89	1:42:28	2:26	6	10:20	35	15:08
Radfahren Total	40.13	1:06:07	1:38	2	1:37	6	4:11	41.89	1:42:28	2:26	6	10:20	35	15:08
Lauf	10.00	42:46	4:16	3	1:14	21	6:14	51.89	2:25:14	2:47	4	5:20	21	21:04