



Detailed evaluation

ERNST, Volkmar

Total time: 4:53:00

Club: Saalfelder LV

Number: 63

Course: 116.79 km

Rank in course/Total: 30 (of 154)

Mittel Distanz (1,9/93/21 km)

Rank in course/Men: 30 (of 137)

Best time in course: 4:12:50

Category:

Rank in category: 5(of 24)

SEN3 / TM 50

Best time in the category: 4:34:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	32:05	16:53	9	6:45	52	9:26	1.90	32:05	16:53	9	6:45	52	9:26
Wechsel S -> R	0.26	2:49	10:50	5	0:56	47	1:29	2.16	34:54	16:09	8	7:41	48	10:55
Schwimmen Total	2.16	34:54	16:09	8	7:41	48	10:55	2.16	34:54	16:09	8	7:41	48	10:55
Rad netto	93.00	2:45:29	1:46	9	50:54	43	50:54	95.16	3:20:23	2:06	6	53:07	44	53:07
Wechsel R -> L	0.13	1:43	13:12	7	0:37	52	1:02	95.29	3:22:06	2:07	5	24:15	43	29:51
Radfahren Total	93.13	2:47:12	1:47	8	16:34	42	26:12	95.29	3:22:06	2:07	5	24:15	43	29:51
Lauf	21.50	1:30:54	4:13	2	0:50	17	12:44	116.79	4:53:00	2:30	5	18:51	30	40:10