



Detailed evaluation

HEROLD, Patrice

Total time: 4:54:24

Club: Heliocentris Sports e.V.

Number: 94

Course: 116.79 km

Rank in course/Total: 34 (of 154)

Mittel Distanz (1,9/93/21 km)

Rank in course/Men: 34 (of 137)

Best time in course: 4:12:50

Category:

Rank in category: 11(of 21)

AK4 / TM 35

Best time in the category: 4:14:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	32:31	17:06	10	6:19	55	9:52	1.90	32:31	17:06	10	6:19	55	9:52
Wechsel S -> R	0.26	3:14	12:26	13	1:51	66	1:54	2.16	35:45	16:33	11	8:10	57	11:46
Schwimmen Total	2.16	35:45	16:33	11	8:10	57	11:46	2.16	35:45	16:33	11	8:10	57	11:46
Rad netto	93.00	2:39:50	1:43	8	20:17	29	45:15	95.16	3:15:35	2:03	11	24:47	35	48:19
Wechsel R -> L	0.13	3:12	24:36	21	2:21	118	2:31	95.29	3:18:47	2:05	11	26:32	39	26:32
Radfahren Total	93.13	2:43:02	1:45	10	22:02	33	22:02	95.29	3:18:47	2:05	11	26:32	39	26:32
Lauf	21.50	1:35:37	4:26	10	16:09	32	17:27	116.79	4:54:24	2:31	11	40:02	34	41:34