



Detailed evaluation

SINGER, Oleg

Total time: 4:56:02

Club: Berlin
Number: 129

Course: 116.79 km
Mittel Distanz (1,9/93/21 km)

Rank in course/Total: 36 (of 154)

Rank in course/Men: 36 (of 137)

Best time in course: 4:12:50

Category:
SEN2 / TM 45

Rank in category: 7(of 25)

Best time in the category: 4:28:31

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	33:10	17:27	10	5:41	64	10:31	1.90	33:10	17:27	10	5:41	64	10:31
Wechsel S -> R	0.26	3:03	11:43	12	1:08	59	1:43	2.16	36:13	16:46	11	6:48	61	12:14
Schwimmen Total	2.16	36:13	16:46	11	6:48	61	12:14	2.16	36:13	16:46	11	6:48	61	12:14
Rad netto	93.00	2:39:33	1:42	6	8:03	27	44:58	95.16	3:15:46	2:03	7	13:50	36	48:30
Wechsel R -> L	0.13	1:38	12:33	9	0:35	41	0:57	95.29	3:17:24	2:04	7	13:59	35	25:09
Radfahren Total	93.13	2:41:11	1:43	6	8:28	26	20:11	95.29	3:17:24	2:04	7	13:59	35	25:09
Lauf	21.50	1:38:38	4:35	6	14:42	43	20:28	116.79	4:56:02	2:32	7	27:31	36	43:12