



## Detailed evaluation

**NOTZON, Darius**

Total time: 5:03:42

Club: IGS Gifhorn

Number: 194

Course: 116.79 km

Rank in course/Total: 45 (of 154)

Mittel Distanz (1,9/93/21 km)

Rank in course/Men: 44 (of 137)

Best time in course: 4:12:50

Category:

Rank in category: 13(of 21)

AK4 / TM 35

Best time in the category: 4:14:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	36:11	19:02	18	9:59	100	13:32	1.90	36:11	19:02	18	9:59	100	13:32
Wechsel S -> R	0.26	2:49	10:50	10	1:26	47	1:29	2.16	39:00	18:03	17	11:25	83	15:01
Schwimmen Total	2.16	39:00	18:03	17	11:25	83	15:01	2.16	39:00	18:03	17	11:25	83	15:01
Rad netto	93.00	2:48:08	1:48	15	28:35	55	53:33	95.16	3:27:08	2:10	15	36:20	56	59:52
Wechsel R -> L	0.13	1:22	10:30	8	0:31	25	0:41	95.29	3:28:30	2:11	15	36:15	55	36:15
Radfahren Total	93.13	2:49:30	1:49	14	28:30	51	28:30	95.29	3:28:30	2:11	15	36:15	55	36:15
Lauf	21.50	1:35:12	4:25	9	15:44	29	17:02	116.79	5:03:42	2:36	13	49:20	44	50:52