



Detailed evaluation

Freschmen

Club: Freschmen
Number: 209

Course: 116.79 km
Mittel Distanz Staffel (1,9/93/21 km)

Category:
Staffel

Total time: 5:03:43

Rank in course/Total: 3 (of 5)

Rank in course/Total: 3 (of 5)

Best time in course: 4:33:01

Rank in category: 3(of 5)

Best time in the category: 4:33:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	1.90	35:02	18:26	2	5:14	2	5:14	1.90	35:02	18:26	2	5:14	2	5:14
Wechsel S -> R	0.26	1:43	6:36	3	0:31	3	0:31	2.16	36:45	17:00	2	5:45	2	5:45
Schwimmen Total	2.16	36:45	17:00	2	5:45	2	5:45	2.16	36:45	17:00	2	5:45	2	5:45
Rad netto	93.00	2:38:24	1:42	2	11:27	2	11:27	95.16	3:15:09	2:03	2	10:18	2	10:18
Wechsel R -> L	0.13	0:59	7:33	4	0:13	4	0:13	95.29	3:16:08	2:03	2	10:26	2	10:26
Radfahren Total	93.13	2:39:23	1:42	3	11:35	3	11:35	95.29	3:16:08	2:03	2	10:26	2	10:26
Lauf	21.50	1:47:35	5:00	4	20:16	4	20:16	116.79	5:03:43	2:36	3	30:42	3	30:42