



Detailed evaluation

HEITMANN, Torsten

Total time: 5:09:56

Club: VfL Eintracht Hannover
Number: 195

Course: 116.79 km
Mittel Distanz (1,9/93/21 km)

Rank in course/Total: 56 (of 154)

Rank in course/Men: 54 (of 137)

Best time in course: 4:12:50

Category:
AK3 / TM 30

Rank in category: 13(of 23)

Best time in the category: 4:26:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	35:36	18:44	17	11:00	92	12:57	1.90	35:36	18:44	17	11:00	92	12:57
Wechsel S -> R	0.26	2:45	10:34	12	1:22	43	1:25	2.16	38:21	17:45	15	11:28	78	14:22
Schwimmen Total	2.16	38:21	17:45	15	11:28	78	14:22	2.16	38:21	17:45	15	11:28	78	14:22
Rad netto	93.00	3:03:28	1:58	21	32:44	101	1:08:53	95.16	3:41:49	2:19	20	41:06	96	1:14:33
Wechsel R -> L	0.13	2:26	18:43	21	1:45	101	1:45	95.29	3:44:15	2:21	21	42:27	95	52:00
Radfahren Total	93.13	3:05:54	1:59	21	34:06	102	44:54	95.29	3:44:15	2:21	21	42:27	95	52:00
Lauf	21.50	1:25:41	3:59	2	2:09	8	7:31	116.79	5:09:56	2:39	13	43:30	54	57:06