



Detailed evaluation

SCHABACKER, Marco

Club: Lufthansa SV Hamburg
Number: 62

Course: 116.79 km
Mittel Distanz (1,9/93/21 km)

Category:
SEN1 / TM 40

Total time: 5:19:32

Rank in course/Total: 66 (of 154)

Rank in course/Men: 62 (of 137)

Best time in course: 4:12:50

Rank in category: 8(of 20)

Best time in the category: 4:12:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	34:09	17:58	13	7:36	74	11:30	1.90	34:09	17:58	13	7:36	74	11:30
Wechsel S -> R	0.26	4:39	17:53	18	3:03	111	3:19	2.16	38:48	17:57	16	10:24	81	14:49
Schwimmen Total	2.16	38:48	17:57	16	10:24	81	14:49	2.16	38:48	17:57	16	10:24	81	14:49
Rad netto	93.00	2:59:36	1:55	14	37:42	84	1:05:01	95.16	3:38:24	2:17	13	46:12	81	1:11:08
Wechsel R -> L	0.13	1:21	10:23	3	0:35	23	0:40	95.29	3:39:45	2:18	13	46:47	79	47:30
Radfahren Total	93.13	3:00:57	1:56	13	38:17	81	39:57	95.29	3:39:45	2:18	13	46:47	79	47:30
Lauf	21.50	1:39:47	4:38	5	19:55	51	21:37	116.79	5:19:32	2:44	8	1:06:42	62	1:06:42