



Detailed evaluation

AFELTOWICZ, Cezary

Total time: 5:30:16

Club: SG Wasserratten Norderstedt
Number: 158

Course: 116.79 km
Mittel Distanz (1,9/93/21 km)

Rank in course/Total: 82 (of 154)

Rank in course/Men: 77 (of 137)

Best time in course: 4:12:50

Category:
SEN1 / TM 40

Rank in category: 13(of 20)

Best time in the category: 4:12:50

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 1.90 | 35:18 | 18:34 | 15 | 8:45 | 86 | 12:39 | 1.90 | 35:18 | 18:34 | 15 | 8:45 | 86 | 12:39 |
| Wechsel S -> R | 0.26 | 2:49 | 10:50 | 7 | 1:13 | 47 | 1:29 | 2.16 | 38:07 | 17:38 | 14 | 9:43 | 76 | 14:08 |
| Schwimmen Total | 2.16 | 38:07 | 17:38 | 14 | 9:43 | 76 | 14:08 | 2.16 | 38:07 | 17:38 | 14 | 9:43 | 76 | 14:08 |
| Rad netto | 93.00 | 3:07:28 | 2:00 | 19 | 45:34 | 112 | 1:12:53 | 95.16 | 3:45:35 | 2:22 | 19 | 53:23 | 105 | 1:18:19 |
| Wechsel R -> L | 0.13 | 2:02 | 15:38 | 13 | 1:16 | 77 | 1:21 | 95.29 | 3:47:37 | 2:23 | 19 | 54:39 | 103 | 55:22 |
| Radfahren Total | 93.13 | 3:09:30 | 2:02 | 19 | 46:50 | 110 | 48:30 | 95.29 | 3:47:37 | 2:23 | 19 | 54:39 | 103 | 55:22 |
| Lauf | 21.50 | 1:42:39 | 4:46 | 7 | 22:47 | 60 | 24:29 | 116.79 | 5:30:16 | 2:49 | 13 | 1:17:26 | 77 | 1:17:26 |