



Detailed evaluation

CREUTZBURG, Dirk

Total time: 5:32:56

Club: Bundeswehr Schwielowsee
Number: 165

Course: 116.79 km
Mittel Distanz (1,9/93/21 km)

Rank in course/Total: 91 (of 154)

Rank in course/Men: 85 (of 137)

Best time in course: 4:12:50

Category:
SEN2 / TM 45

Rank in category: 18(of 25)

Best time in the category: 4:28:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	37:27	19:42	19	9:58	108	14:48	1.90	37:27	19:42	19	9:58	108	14:48
Wechsel S -> R	0.26	4:06	15:46	19	2:11	96	2:46	2.16	41:33	19:14	20	12:08	107	17:34
Schwimmen Total	2.16	41:33	19:14	20	12:08	107	17:34	2.16	41:33	19:14	20	12:08	107	17:34
Rad netto	93.00	2:53:58	1:52	17	22:28	70	59:23	95.16	3:35:31	2:15	16	33:35	74	1:08:15
Wechsel R -> L	0.13	2:01	15:30	15	0:58	75	1:20	95.29	3:37:32	2:16	16	34:07	73	45:17
Radfahren Total	93.13	2:55:59	1:53	17	23:16	69	34:59	95.29	3:37:32	2:16	16	34:07	73	45:17
Lauf	21.50	1:55:24	5:22	21	31:28	97	37:14	116.79	5:32:56	2:51	18	1:04:25	85	1:20:06