



Detailed evaluation

GLUNDE, Torsten

Total time: 5:40:03

Club: VfL Eintracht Hannover
Number: 127

Course: 116.79 km
Mittel Distanz (1,9/93/21 km)

Rank in course/Total: 104 (of 154)

Rank in course/Men: 98 (of 137)

Best time in course: 4:12:50

Category:
SEN1 / TM 40

Rank in category: 17(of 20)

Best time in the category: 4:12:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	42:46	22:30	20	16:13	128	20:07	1.90	42:46	22:30	20	16:13	128	20:07
Wechsel S -> R	0.26	3:12	12:18	12	1:36	65	1:52	2.16	45:58	21:16	20	17:34	124	21:59
Schwimmen Total	2.16	45:58	21:16	20	17:34	124	21:59	2.16	45:58	21:16	20	17:34	124	21:59
Rad netto	93.00	2:56:54	1:54	11	35:00	78	1:02:19	95.16	3:42:52	2:20	18	50:40	98	1:15:36
Wechsel R -> L	0.13	2:30	19:13	15	1:44	106	1:49	95.29	3:45:22	2:21	18	52:24	98	53:07
Radfahren Total	93.13	2:59:24	1:55	11	36:44	77	38:24	95.29	3:45:22	2:21	18	52:24	98	53:07
Lauf	21.50	1:54:41	5:20	13	34:49	95	36:31	116.79	5:40:03	2:54	17	1:27:13	98	1:27:13