



Detailed evaluation

Trianer

Club: Trianer
Number: 208

Course: 116.79 km
Mittel Distanz Staffel (1,9/93/21 km)

Category:
Staffel

Total time: 5:41:36

Rank in course/Total: 5 (of 5)

Rank in course/Total: 5 (of 5)

Best time in course: 4:33:01

Rank in category: 5(of 5)

Best time in the category: 4:33:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Schwimmen nett	1.90	38:28	20:14	5	8:40	5	8:40	1.90	38:28	20:14	5	8:40	5	8:40
Wechsel S -> R	0.26	1:51	7:06	5	0:39	5	0:39	2.16	40:19	18:39	5	9:19	5	9:19
Schwimmen Total	2.16	40:19	18:39	5	9:19	5	9:19	2.16	40:19	18:39	5	9:19	5	9:19
Rad netto	93.00	3:09:03	2:01	5	42:06	5	42:06	95.16	3:49:22	2:24	5	44:31	5	44:31
Wechsel R -> L	0.13	0:55	7:03	3	0:09	3	0:09	95.29	3:50:17	2:24	5	44:35	5	44:35
Radfahren Total	93.13	3:09:58	2:02	5	42:10	5	42:10	95.29	3:50:17	2:24	5	44:35	5	44:35
Lauf	21.50	1:51:19	5:10	5	24:00	5	24:00	116.79	5:41:36	2:55	5	1:08:35	5	1:08:35