



Detailed evaluation

LUBER, Sandra

Total time: 6:06:27

Club: Multisport LOS

Number: 145

Course: 116.79 km

Rank in course/Total: 131 (of 154)

Mittel Distanz (1,9/93/21 km)

Rank in course/Women: 14 (of 17)

Best time in course: 5:01:22

Category:

Rank in category: 3(of 4)

AK4 / TW 35

Best time in the category: 5:07:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.90	44:38	23:29	4	16:40	16	16:40	1.90	44:38	23:29	4	16:40	16	16:40
Wechsel S -> R	0.26	6:19	24:17	4	3:59	16	4:23	2.16	50:57	23:35	4	20:39	16	20:39
Schwimmen Total	2.16	50:57	23:35	4	20:39	16	20:39	2.16	50:57	23:35	4	20:39	16	20:39
Rad netto	93.00	3:20:09	2:09	3	21:22	14	32:15	95.16	4:11:06	2:38	3	39:43	15	48:23
Wechsel R -> L	0.13	3:23	26:01	3	2:05	15	2:11	95.29	4:14:29	2:40	3	41:48	15	50:04
Radfahren Total	93.13	3:23:32	2:11	3	22:57	14	33:56	95.29	4:14:29	2:40	3	41:48	15	50:04
Lauf	21.50	1:51:58	5:12	3	17:16	8	17:16	116.79	6:06:27	3:08	3	59:04	14	1:05:05