



Detailed evaluation

KRAMER, Dieter

Total time: 6:18:04

Club: Berlin
Number: 143

Course: 116.79 km
Mittel Distanz (1,9/93/21 km)

Rank in course/Total: 138 (of 154)

Rank in course/Men: 124 (of 137)

Best time in course: 4:12:50

Category:
SEN3 / TM 50

Rank in category: 22(of 24)

Best time in the category: 4:34:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.90	48:04	25:17	24	22:44	135	25:25	1.90	48:04	25:17	24	22:44	135	25:25
Wechsel S -> R	0.26	7:41	29:33	24	5:48	133	6:21	2.16	55:45	25:48	24	28:32	134	31:46
Schwimmen Total	2.16	55:45	25:48	24	28:32	134	31:46	2.16	55:45	25:48	24	28:32	134	31:46
Rad netto	93.00	3:15:31	2:06	23	1:20:56	124	1:20:56	95.16	4:11:16	2:38	24	1:44:00	131	1:44:00
Wechsel R -> L	0.13	2:12	16:55	11	1:06	85	1:31	95.29	4:13:28	2:39	23	1:15:37	128	1:21:13
Radfahren Total	93.13	3:17:43	2:07	21	47:05	123	56:43	95.29	4:13:28	2:39	23	1:15:37	128	1:21:13
Lauf	21.50	2:04:36	5:47	17	34:32	110	46:26	116.79	6:18:04	3:14	22	1:43:55	124	2:05:14