



Detailed evaluation

BORKOWSKI, Bernd

Total time: 1:16:11

Club: Techau
Number: 879

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 19 (of 238)

Rank in course/Men: 19 (of 171)

Best time in course: 1:08:20

Category:
SEN3 / TM 50

Rank in category: 4(of 20)

Best time in the category: 1:12:01

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	10:18	14:42	2	0:13	10	3:11	0.70	10:18	14:42	2	0:13	10	3:11
Wechsel S -> R	0.26	2:03	7:53	3	0:16	18	0:49	0.96	12:21	12:51	1	-	8	3:58
Schwimmen Total	0.96	12:21	12:51	1	-	8	3:58	0.96	12:21	12:51	1	-	8	3:58
Rad netto	28.00	46:44	1:40	3	0:43	12	45:53	28.96	59:05	2:02	2	0:12	9	42:39
Wechsel R -> L	0.13	1:02	7:56	7	0:14	49	0:26	29.09	1:00:07	2:03	2	0:25	9	3:01
Radfahren Total	28.13	47:46	1:41	2	0:56	11	2:16	29.09	1:00:07	2:03	2	0:25	9	3:01
Lauf	3.60	16:04	4:27	13	3:45	98	4:50	32.69	1:16:11	2:19	4	4:10	19	7:51