



Detailed evaluation

DZIEDZEK, Ingo

Club: Berliner TSC

Number: 847

Course: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

Category:

SEN2 / TM 45

Total time: 1:15:55

Rank in course/Total: 17 (of 238)

Rank in course/Men: 17 (of 171)

Best time in course: 1:08:20

Rank in category: 2(of 24)

Best time in the category: 1:11:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	10:24	14:51	1	-	11	3:17	0.70	10:24	14:51	1	-	11	3:17
Wechsel S -> R	0.26	2:17	8:46	3	0:37	32	1:03	0.96	12:41	13:12	2	0:22	11	4:18
Schwimmen Total	0.96	12:41	13:12	2	0:22	11	4:18	0.96	12:41	13:12	2	0:22	11	4:18
Rad netto	28.00	49:16	1:45	6	2:51	45	48:25	28.96	1:01:57	2:08	3	3:13	21	45:31
Wechsel R -> L	0.13	0:55	7:03	2	0:12	34	0:19	29.09	1:02:52	2:09	3	3:25	20	5:46
Radfahren Total	28.13	50:11	1:47	6	3:03	42	4:41	29.09	1:02:52	2:09	3	3:25	20	5:46
Lauf	3.60	13:03	3:37	3	0:48	17	1:49	32.69	1:15:55	2:19	2	4:13	17	7:35