



Detailed evaluation

RÖCKER, Ronny

Total time: 1:21:38

Club: zehlendorfer eichhörnchen
Number: 774

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 54 (of 238)

Rank in course/Men: 52 (of 171)

Best time in course: 1:08:20

Category:
SEN6 / TM 65

Rank in category: 1(of 3)

Best time in the category: 1:21:38

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	12:25	17:44	1	-	52	5:18	0.70	12:25	17:44	1	-	52	5:18
Wechsel S -> R	0.26	3:08	12:03	1	-	93	1:54	0.96	15:33	16:11	1	-	68	7:10
Schwimmen Total	0.96	15:33	16:11	1	-	68	7:10	0.96	15:33	16:11	1	-	68	7:10
Rad netto	28.00	51:46	1:50	1	-	64	50:55	28.96	1:07:19	2:19	1	-	60	50:53
Wechsel R -> L	0.13	0:59	7:33	1	-	43	0:23	29.09	1:08:18	2:20	1	-	58	11:12
Radfahren Total	28.13	52:45	1:52	1	-	63	7:15	29.09	1:08:18	2:20	1	-	58	11:12
Lauf	3.60	13:20	3:42	1	-	24	2:06	32.69	1:21:38	2:29	1	-	52	13:18