



Detailed evaluation

KRÜGER, Jörg

Club: Oranienburg
Number: 831

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Category:
AK3 / TM 30

Total time: 1:25:31

Rank in course/Total: 78 (of 238)

Rank in course/Men: 72 (of 171)

Best time in course: 1:08:20

Rank in category: 9(of 20)

Best time in the category: 1:13:44

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.70	9:27	13:30	1	-	3	2:20	0.70	9:27	13:30	1	-	3	2:20	
Wechsel S -> R	0.26	3:08	12:03	8	1:23	93	1:54	0.96	12:35	13:06	2	0:48	10	4:12	
Schwimmen Total	0.96	12:35	13:06	2	0:48	10	4:12	0.96	12:35	13:06	2	0:48	10	4:12	
Rad netto	28.00	56:03	2:00	12	10:00	111	55:12	28.96	1:08:38	2:22	7	9:25	73	52:12	
Wechsel R -> L	0.13	1:48	13:50	16	1:09	139	1:12	29.09	1:10:26	2:25	7	10:11	75	13:20	
Radfahren Total	28.13	57:51	2:03	11	11:01	112	12:21	29.09	1:10:26	2:25	7	10:11	75	13:20	
Lauf	3.60	15:05	4:11	10	2:45	73	3:51	32.69	1:25:31	2:36	9	11:47	72	17:11	