



## Detailed evaluation

ZACHRAU, Zachrau

Total time: 1:26:01

Club: Berlin  
Number: 681

Course: 32.69 km  
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 82 (of 238)

Rank in course/Men: 75 (of 171)

Best time in course: 1:08:20

Category:  
AK4 / TM 35

Rank in category: 13(of 32)

Best time in the category: 1:12:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	13:00	18:34	17	3:19	71	5:53	0.70	13:00	18:34	17	3:19	71	5:53
Wechsel S -> R	0.26	6:45	25:57	30	5:05	165	5:31	0.96	19:45	20:34	26	7:25	128	11:22
Schwimmen Total	0.96	19:45	20:34	26	7:25	128	11:22	0.96	19:45	20:34	26	7:25	128	11:22
Rad netto	28.00	49:03	1:45	8	4:27	41	48:12	28.96	1:08:48	2:22	14	9:51	74	52:22
Wechsel R -> L	0.13	2:09	16:32	29	1:22	152	1:33	29.09	1:10:57	2:26	17	11:01	77	13:51
Radfahren Total	28.13	51:12	1:49	8	5:36	47	5:42	29.09	1:10:57	2:26	17	11:01	77	13:51
Lauf	3.60	15:04	4:11	11	2:52	72	3:50	32.69	1:26:01	2:37	13	13:52	75	17:41