



## Detailed evaluation

**BENEKE, Dagmar**

Total time: 1:25:31

Club: Berlin  
Number: 666

Course: 32.69 km  
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 79 (of 238)  
Rank in course/Women: 7 (of 67)  
Best time in course: 1:21:00

Category:  
SEN3 / TW 50

Rank in category: 3(of 7)  
Best time in the category: 1:22:22

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen nett	0.70	13:52	19:48	3	3:11	14	4:04	0.70	13:52	19:48	3	3:11	14	4:04	
Wechsel S -> R	0.26	2:33	9:48	1	-	10	0:34	0.96	16:25	17:06	3	2:50	11	4:34	
Schwimmen Total	0.96	16:25	17:06	3	2:50	11	4:34	0.96	16:25	17:06	3	2:50	11	4:34	
Rad netto	28.00	52:26	1:52	2	0:36	2	0:36	28.96	1:08:51	2:22	3	3:26	6	3:48	
Wechsel R -> L	0.13	1:40	12:49	6	0:40	48	0:59	29.09	1:10:31	2:25	3	3:37	7	4:36	
Radfahren Total	28.13	54:06	1:55	2	0:47	4	0:47	29.09	1:10:31	2:25	3	3:37	7	4:36	
Lauf	3.60	15:00	4:10	2	0:06	9	1:19	32.69	1:25:31	2:36	3	3:09	7	4:31	