



Detailed evaluation

KRIESING, Hagen

Total time: 1:29:07

Club: julenka e.v.

Number: 915

Course: 32.69 km

Rank in course/Total: 101 (of 238)

Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Men: 86 (of 171)

Best time in course: 1:08:20

Category:

Rank in category: 18(of 32)

AK4 / TM 35

Best time in the category: 1:12:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	13:07	18:44	18	3:26	76	6:00	0.70	13:07	18:44	18	3:26	76	6:00
Wechsel S -> R	0.26	3:46	14:29	26	2:06	130	2:32	0.96	16:53	17:35	18	4:33	79	8:30
Schwimmen Total	0.96	16:53	17:35	18	4:33	79	8:30	0.96	16:53	17:35	18	4:33	79	8:30
Rad netto	28.00	55:06	1:58	22	10:30	102	54:15	28.96	1:11:59	2:29	18	13:02	90	55:33
Wechsel R -> L	0.13	1:24	10:46	18	0:37	108	0:48	29.09	1:13:23	2:31	20	13:27	91	16:17
Radfahren Total	28.13	56:30	2:00	24	10:54	101	11:00	29.09	1:13:23	2:31	20	13:27	91	16:17
Lauf	3.60	15:44	4:22	19	3:32	90	4:30	32.69	1:29:07	2:43	18	16:58	86	20:47