



Detailed evaluation

KAPA, Thomas

Total time: 1:29:27

Club: Berlin
Number: 914

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 105 (of 238)
Rank in course/Men: 90 (of 171)
Best time in course: 1:08:20

Category:
AK2 / TM 25

Rank in category: 6(of 13)
Best time in the category: 1:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	12:59	18:32	4	2:20	70	5:52	0.70	12:59	18:32	4	2:20	70	5:52
Wechsel S -> R	0.26	3:30	13:27	6	1:53	115	2:16	0.96	16:29	17:10	4	4:13	75	8:06
Schwimmen Total	0.96	16:29	17:10	4	4:13	75	8:06	0.96	16:29	17:10	4	4:13	75	8:06
Rad netto	28.00	56:59	2:02	7	12:09	120	56:08	28.96	1:13:28	2:32	6	16:22	104	57:02
Wechsel R -> L	0.13	1:02	7:56	4	0:22	49	0:26	29.09	1:14:30	2:33	5	16:44	102	17:24
Radfahren Total	28.13	58:01	2:03	7	12:31	114	12:31	29.09	1:14:30	2:33	5	16:44	102	17:24
Lauf	3.60	14:57	4:09	6	2:56	67	3:43	32.69	1:29:27	2:44	6	19:18	90	21:07