



Detailed evaluation

FRIEDRICH, Jana

Total time: 1:28:19

Club: Berlin
Number: 843

Course: 32.69 km
Jedermann/Sprint (0,7/28/3,6 km)

Rank in course/Total: 97 (of 238)
Rank in course/Women: 12 (of 67)
Best time in course: 1:21:00

Category:
SEN2 / TW 45

Rank in category: 1(of 7)
Best time in the category: 1:28:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	13:48	19:42	2	0:52	13	4:00	0.70	13:48	19:42	2	0:52	13	4:00
Wechsel S -> R	0.26	2:37	10:03	2	0:18	11	0:38	0.96	16:25	17:06	2	1:10	11	4:34
Schwimmen Total	0.96	16:25	17:06	2	1:10	11	4:34	0.96	16:25	17:06	2	1:10	11	4:34
Rad netto	28.00	53:55	1:55	1	-	8	2:05	28.96	1:10:20	2:25	2	0:31	12	5:17
Wechsel R -> L	0.13	1:42	13:04	7	0:30	50	1:01	29.09	1:12:02	2:28	2	0:50	13	6:07
Radfahren Total	28.13	55:37	1:58	1	-	10	2:18	29.09	1:12:02	2:28	2	0:50	13	6:07
Lauf	3.60	16:17	4:31	2	1:11	17	2:36	32.69	1:28:19	2:42	1	-	12	7:19